

Coffman NEWS

November - December 2018



Welcome...

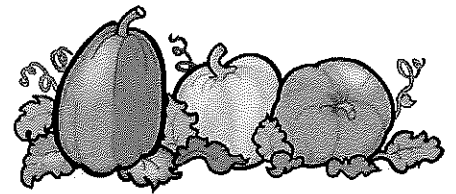
Summer is over and fall is upon us now along with Halloween, Thanksgiving, the changing of the leaves on our trees in Washington County and the weather shifts into cooler nights and shorter days. The fall season brings thoughts to me of the World Series, raking leaves and eating fresh picked apples. Schools are in session and the football season is in full swing.

At Coffman Nursing Home we continue with the good care and atmosphere we provide our residents. We highlight two of our residents in this issue: one staff member in dietary department and two residents. As the year closes remember us in your yearend giving as we grow our Community Foundation Fund. This is one of many opportunities where you can make a contribution for the residents and support our overall program.

Have an enjoyable Holiday Season.

~ Nick Mason, Administrator

ANNUAL FALL BAZAAR



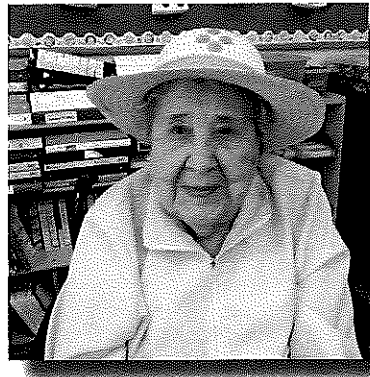
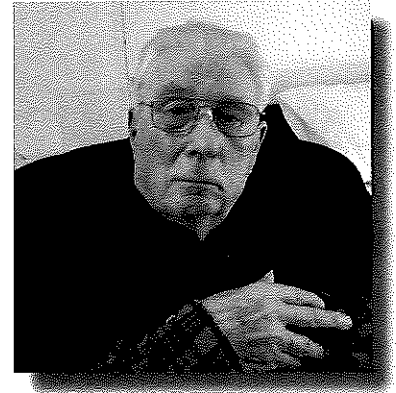
The Annual Fall and Holiday Bazaar will be held on Friday November 16th. Doors will open at 8:00 - 1:00 PM and lunch can be purchased while you shop. The Activity staff and volunteers have been hard at work putting this together since the beginning of the summer. There are all kinds of salsa, pickles and assortment of foods for you to enjoy in addition to the white elephant items.

See you in the Activities room in November.

Resident SPOTLIGHT...

Maurice Johnston

Maurice was born in and has been a lifelong resident of Washington County. He was a member of US Marine Corps. during the Korean War and an Eagle Scout. His personal interests include automobiles and travel trailers. Maurice has been a member of Otterbein United Methodist Church for 70 years. He was President and owner of MS Johnston Company, a local heating and air-conditioning company started by his father in 1934. He worked there for his entire career. Our appreciation to Moe for his many years of giving back to the community where he lived and worked for his entire life.



Nova Rink

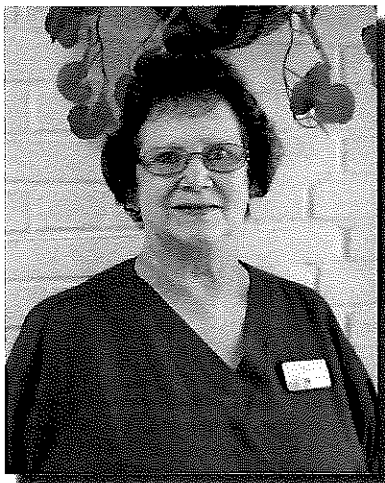
Nova celebrated her 100th birthday on August 26th. She was a former Baltimore resident who worked at USF&G in data control. Her interests include traveling to foreign countries. She stays active by playing rummy and dominoes with her son and daughter in law. Family is a big part of her life including 5 grandchildren, 12 great grandchildren, and 4 great- great grandchildren. Nova attributes her long life to an active lifestyle, a healthy diet and the longevity in her family.

Happy Retirement!

Nancy True is our hospitality aide in the nursing department. She has worked here since April 2003.

Nancy is retiring at the end of November. She is devoted to our program of providing extra services to

our residents from a hospitality viewpoint so the nursing department can spend more time taking care of our residents. We are grateful for her faithfulness, attentiveness and commitment to our residents and families. Nancy is always pleasant, friendly and gets along with everyone.



Headphones and MP-3 players is becoming a common sight here at Coffman. Regardless of genre, listening to music of your preference releases endorphins in the brain and may reduce anxiety, relieve depression and boost the immune system among other benefits.

Music lights up the entire brain. Listening to the music can give people with dementia a break from confusion and fear. Some people can no longer remember their loved ones, but they still know all the words to their favorite songs. Music may in some instances provide relief from pain, and help people recover lost memories.

People living with dementia can be transformed by music. The Mp-3 players are put on the residents early in the morning before breakfast to enjoy their music. Each resident has their own individual Mp-3 player. We try our best to provide music they enjoyed early in life.

Any questions see Jan, Activity Director.





Functional Pathways

Providing Therapy A Better Way

Outpatient Therapy

As of September we are offering Outpatient Therapy.

Physical Therapy – Leg/foot pain, decreased range of motion, fall prevention

Speech Therapy – Swallowing concerns, memory training, voice quality and volume

Occupational Therapy - shoulder, arm, hand pain. Kitchen safety trouble with daily activities

We can help you with these issues and more.

Come see us for your needs.

Therapy services provided by
Coffman nursing staff and Functional Pathways

Elite Care

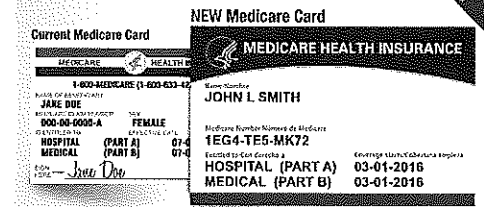
Elite People

Elite Results

Reminder...

New Card! New Number!

Rolling in 2016



This spring CMS (Centers for Medicare/Medicaid Services) sent out new Medicare cards.

Please remember to bring in the new Medicare cards when they are received for our records.



Our Veterans celebrating Armed Forces day in June.



Coffman joins Washington County in support of substance abuse awareness by wearing purple on Fridays in September.

Coffman

Nursing Home

1304 Pennsylvania Avenue
Hagerstown, MD 21742

Calendar of Events...

Fall Holiday Bazaar – Nov 16th

Thanksgiving Social – Nov 21st

Lunch Bunch - Nov 2nd and Dec 7th

Charlie & Carol Reed, from
Kentucky Hymn Sing - Nov 27th

Ballet & All That Jazz,
6:45PM – Dec 3rd

New Creation Christmas Carol,
4:30PM – Dec 7th

Boy & Girl Scout
Christmas Carol, 6:00PM – Dec 10th

Psalm 23 Singing, 6:45PM – Dec 18th

Please...

consider Coffman in your annual giving!

You can mail your contribution directly to the
Community Foundation with Coffman in the
memo line.

Community Foundation
of Washington County MD
37 Potomac Street
Hagerstown, MD 21740

Or go to the website at www.cfwcmd.org to
make a credit card contribution. Coffman Nurs-
ing Home will be in the drop down list.

Thank you for your support!

Alexandra King
Beth Wise
Jason Ellis
Kelli Lichtenberg
Nick Mason
Al Scibilia
Keller Stonebraker Insurance, Inc.
Allison Frazee
Jaclynne Rhodes
R. Noel Brady
David Fisher
Darryl Bowen
Pat Standifer
Nancy Rouse
Starla Ward
Kelly Yeakle
Donna Payne
Kathy Kenny
Susan Turner
Vicki Bowers
Ginerva Crawford
Herbert Baker
Glenn Michael
Anthony Paci
Shirley Kline
Charles Mosher
Allen Blu

Betty Roney
James Failor
Claire Gisriel
Connie and Donald Richardson
Patricia Luipersbeck
Allen and Joyce Lowery
Sherry Rae Wollard
Mens' & Womens' Bible Class
Sr James Brethren Church
Jeanette and Eugene Poole
Dixon-Troxell Post No. 211
Connie and Donald Richardson
Allen and Joyce Lowery
Dr and Mrs Breese Dickinson
Robert J and Virginia Fennell
Lillian C Moore
Jodi Lynn Tyler
Daniel and Deborah Whaley
James R. Thorpe
Martha Thorpe
Cheryl Rink
William Abeles
Gillian Landers
Joan Lemere
Catherine Hurley